

The Facility/Environment:

- Non-judgmental, inclusive, welcoming environment
- Experienced Nurses, Doctors, Educators and Counselors
- Wheelchair Accessible
- Scent Free
- Smoke Free

Information Sessions:

Information sessions are offered on a wide variety of sexual health issues. Workshops will provide current, inclusive and non-judgmental information. Workshops are tailored to the needs of the specific audience.

Workshop Topics Can Include:

- General sexual health
- Sexual decision-making
- Sexuality and relationships issues
- Birth control options
- Safer sex
- Sexually transmitted infections
- Anonymous HIV testing
- Parent-child communication about sexuality issues
- Puberty

Please call to discuss your needs.

Contact Us:

Halifax Sexual Health Centre
6009 Quinpool Road, Suite 201
Halifax, Nova Scotia
B3K 5J7

p) 455-9656
f) 429-3853

e) info@HalifaxSexualHealth.ca
www.HalifaxSexualHealth.ca

Our work is supported by the following funding resources:

- Nova Scotia Department of Health
- Nova Scotia Department of Community Resources
- United Way of Halifax Region



- Nova Scotia Association for Sexual Health
- Fundraising, memberships and donations



Formerly Planned Parenthood Metro Clinic

Halifax Sexual Health Centre

Youth Friendly. Confidential Services are guaranteed.

Become a member:

Memberships are an important part of our organization. By becoming a member you are supporting increased access to information regarding sexuality and reproductive health care. New members help us expand our clinic, education and HIV testing services. As a member you will receive bi-yearly updates on reproductive health care and services.

- Yes! I would like to become a member and receive the updates.
- \$25.00 annual fee
- \$5.00 (fixed income)
- Additional donation
- Total

A tax receipt will be issued for donations over \$10.00

Name _____

Address _____

Telephone _____

E-mail _____

We accept VISA.

Who are we?

Halifax Sexual Health Centre is a registered non-profit charitable organization. We provide the HRM with a unique combination of sexual health information and services.

In the Centre:

The Centre offers comprehensive reproductive, contraceptive and sexual health care.

Services our Clinic Offers:

- Variety of affordable birth control
- Emergency contraception (morning after pill or Plan B)
- Pregnancy tests
- Unintended pregnancy counseling
- Abortion referral
- Pap smear and breast exam
- STI testing and treatment
- Broad range of health information and teaching materials
- Fertility awareness, information and counseling
- Support for gay, lesbian, bisexual, and transgender issues
- Free condoms

HIV testing is ANONYMOUS

At Halifax Sexual Health Centre, you can get an anonymous HIV test. That means you don't need to give your name, address or health care number. Individual concerns are addressed within an open discussion of sexual health.

In the Community:

The Health Promotion Program offers numerous educational opportunities:

Educational Services and In-services:

- Professional training
- Education sessions
- Up-to-date sexual health information
- Program planning assistance
- Teaching strategy ideas
- Project consultation